

Online Health Risk Assessment Instructions (Beginning 10/3)

1. Go to sghs.extracon.com
 Log in using NEW USER SIGN UP, enter your Unique Identifier and Last Name. The Unique Identifier is the 18 digit combination of your Member ID Number off of your insurance card and your birthday (starting with the year, and including leading zeros before single digits).

Example: If your Member ID Number is 1000000001 and your birthday is July 5, 1975, then your Unique Identifier is 100000000119750705
2. When you login for the first time, the homepage will ask for a Security Question and Answer.
3. From here, you can answer the Health Risk Assessment (HRA) questions.

Biometric, Lab, and Cotinine Screening Schedule - Team Members			
Date	Persons Tested	Location	Time
10/21/16	ALL	Brunswick -- Linda S. Pinson Conference Room 2 & 3	7 a.m. - 3 p.m.
11/03/16	ALL	Brunswick -- Linda S. Pinson Conference Room 2 & 3	7 a.m. - 3 p.m.
11/18/16	ALL	Brunswick -- Linda S. Pinson Conference Room 2 & 3	7 a.m. - 3 p.m.
10/13/16	ALL	Camden -- Old Maternity Care Center, 2nd Floor	7 a.m. - 3 p.m.
10/14/16	ALL	Camden -- Old Maternity Care Center, 2nd Floor	7 a.m. - 3 p.m.
10/20/16	ALL	SCC-SM - Conference Room	6:30 a.m. - 9:30 a.m. 2 p.m. - 4 p.m.
Biometric screening will also be performed from October 6 - November 13 in the Dick Mitchell Health Information Center and Disease Management. Cotinine screening will also be performed in Team Member Health. No appointments necessary.			
Biometric, Lab, and Cotinine Screening Schedule - Spouse and Dependent(s)			
Date	Last Name of Person Tested	Location	Time
10/15/16	"A" thru "G"	Brunswick - Linda S. Pinson Conference Room 2 & 3	8 a.m. - 3 p.m.
11/05/16	"H" thru "P"	Brunswick - Linda S. Pinson Conference Room 2 & 3	8 a.m. - 3 p.m.
11/19/16	"Q" thru "Z"	Brunswick - Linda S. Pinson Conference Room 2 & 3	8 a.m. - 3 p.m.
10/29/16	"A" thru "M"	Camden - Old Maternity Care Center, 2nd Floor	9 a.m. - 3 p.m.
11/12/16	"N" thru "Z"	Camden - Old Maternity Care Center, 2nd Floor	9 a.m. - 3 p.m.