



Delivering
**THE BEST
IN BREAST
CARE**

Since early childhood, Vincent K. Arlauskas, M.D., knew he wanted to be a doctor. When he was 14, his mother was diagnosed with breast cancer — and his career path became even clearer.

Today, Dr. Arlauskas is a board-certified general surgeon and chief, Department of Surgery, on the Southeast Georgia Health System Brunswick Campus. A member of the American Society of Breast Surgeons, Dr. Arlauskas has special expertise in breast cancer treatment and focuses on providing comprehensive breast care to his patients.

“Every one of us has been impacted by breast cancer at some level,” says Dr. Arlauskas. “I have family members and loved ones who are survivors. I also have loved ones who did not survive. It’s important that women of all ages, including young adult women, know and understand the symptoms of breast cancer in order to identify it as early as possible.”

Pink for a purpose

When it comes to increasing awareness, Dr. Arlauskas takes an active role. In 2019, he participated in the Coastal Georgia Affiliate of Susan G. Komen Big Wigs Campaign, which benefits local breast cancer initiatives. For his part, he donned a garish pink, Austin Powers-style wig while

attending local events — and raised more than \$6,000. He has also been instrumental in helping the Health System secure yearly Komen grants to provide breast care services for underinsured women.

In addition, Dr. Arlauskas is involved with the local American Cancer Society chapter and has sponsored their breast cancer luncheon and fashion show for the past 10 years.

Advanced breast care

The Health System offers women in southeast Georgia access to the most advanced medical imaging, which can help doctors spot breast cancer at an earlier, more treatable stage.

“We offer all facets of breast care, including breast cancer screening and diagnosis,” says Dr. Arlauskas. “We also provide evaluation and care for women with benign breast diseases, such as fibrosis or cysts.”

If you have a breast health concern, the Breast Care Center’s team of highly trained and compassionate breast care specialists are available to diagnose and treat your condition. Integrated care is provided by highly skilled and experienced physicians, including radiologists, surgeons, medical oncologists and radiation oncologists, as well as nurses, technologists and a breast care navigator. Every physician and nurse has special training in breast health and receives

yearly continuing education.

Diagnostic services available at the Health System’s three Women’s Imaging Centers and on the Wellness on Wheels (WOW) mobile health vehicle include:

- Digital 3D breast cancer screening and diagnostic mammography
- High-resolution breast ultrasound tests
- Breast MRI for women at high risk of breast cancer

If an imaging test does reveal something suspicious, ultrasound-guided and stereotactic breast biopsies are performed at the Health System.

center are available at Southeast Georgia Health System, such as:

- Surgery, including lumpectomies and nipple-sparing or skin-sparing mastectomies, in combination with breast reconstruction surgery for women who want reconstruction
- Radiation therapy, including accelerated partial breast radiation and CyberKnife technology
- Chemotherapy and immunotherapy

“We provide excellent breast care, and you don’t have to leave town to get it,” says Dr. Arlauskas. “Southeast Georgia



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A navigator to guide you

Facing a breast health concern can be stressful and overwhelming. That’s why Southeast Georgia Health System has a breast care nurse navigator to guide you through the entire breast health care process — from diagnosis to treatment, if needed.

Dr. Arlauskas adds that if you are diagnosed with breast cancer, the same treatments you’d expect to find at a large medical

Health System is able to provide the same breast cancer treatment — whether it’s medical in terms of chemotherapy, radiation or surgical options — that larger medical facilities offer. We are also one of the very few Health Systems to offer CyberKnife radiation treatments for breast cancer, a minimally invasive technology that kills cancer cells with extreme accuracy while sparing healthy breast tissue and has few, if any, side effects.”

For more information about breast health and services offered at the Health System, visit sghs.org/breasthealth.

To schedule an appointment at the Breast Care Center, call **912-466-1240**.