



## CENTRAL SCHEDULING PROCESS

The Southeast Georgia Health System Central Scheduling department will contact you to schedule and pre-register you for your appointment. If you need to confirm, cancel or change this appointment date and time, please call the Central Scheduling Department toll free 1-855-466-1111. If you choose to pre-register on-line, go to [www.sghs.org](http://www.sghs.org). On-line registration must be completed at least 48 hours before a scheduled appointment.

**EXAM ORDERED:**                    **Nuclear Medicine Thyroid Uptake and Scan**

**LOCATION:**                            **Brunswick Campus, Parkwood entrance**  
**2415 Parkwood Drive, Brunswick GA 31523**  
Please park on the Parkwood entrance side of the hospital. Take the elevator up to the 2nd floor of the Brunswick Building and check in at the Guest Services desk.

## PATIENT INSTRUCTIONS

### **Exam Preparation:**

Discontinue all thyroid medication for 3 weeks prior to exam. The patient should not have had any imaging procedures involving contrast media (x-ray dye) for at least 6 weeks prior to exam. On the day of the procedure, the patient will have to swallow 1-2 pills and then wait 3-5 hours before they are scanned. Patients having uptake exams will have to return the following day for 24-hour delay thyroid uptake values.

Patient should not eat or drink 4 hours prior to exam and 1 hour after the exam. No recent shellfish ingestion at least 1 week prior to exam. There are medication restrictions for this procedure, please contact your physician if you have any questions.

Scans are scheduled Monday through Thursday mornings.

**WE WILL PLACE A REMINDER CALL PRIOR TO YOUR SCHEDULED APPOINTMENT.**  
**If you have any questions, please call the Central Scheduling Department**  
**Toll Free 1-855-466-1111 (if local, Brunswick 912-466-1240 or Camden 912-576-6190)**