



## CENTRAL SCHEDULING PROCESS

The Southeast Georgia Health System Central Scheduling department will contact you to schedule and pre-register you for your appointment. If you need to confirm, cancel or change this appointment date and time, please call the Central Scheduling Department toll free 1-855-466-1111. If you choose to pre-register on-line, go to [www.sghs.org](http://www.sghs.org). On-line registration must be completed at least 48 hours before a scheduled appointment.

**EXAM ORDERED:**                    **Nuclear Medicine Gastric Emptying Study**

**LOCATION:**                            **Brunswick Campus, Parkwood entrance**  
**2415 Parkwood Drive, Brunswick GA 31523**  
Please park on the Parkwood entrance side of the hospital. Take the elevator up to the 2nd floor of the Brunswick Building and check in at the Guest Services desk.

## PATIENT INSTRUCTIONS

### **Exam Preparation:**

Exams are scheduled in the morning and require 4-5 hours of time. The patient should not have anything to eat or drink after midnight. Patient must be able to eat eggs or oatmeal, and must be able to chew and swallow on their own. If the patient vomits the exam will be over and may not provide diagnostic results. After eating, the patient will be imaged immediately and then have short images taken once an hour for up to 4 hours. The patient is encouraged not to take pain medications within four hours of their exam so as not to slow down the digestion process.

**WE WILL PLACE A REMINDER CALL PRIOR TO YOUR SCHEDULED APPOINTMENT.**  
If you have any questions, please call the Central Scheduling Department  
Toll Free 1-855-466-1111 (if local, Brunswick 912-466-1240 or Camden 912-576-6190)