



CENTRAL SCHEDULING PROCESS

The Southeast Georgia Health System Central Scheduling department will contact you to schedule and pre-register you for your appointment. If you need to confirm, cancel or change this appointment date and time, please call the Central Scheduling Department toll free 1-855-466-1111. If you choose to pre-register on-line, go to www.sghs.org. On-line registration must be completed at least 48 hours before a scheduled appointment.

EXAM ORDERED: **Barium Enema Air Contrast**

LOCATION:

Your exam can be at one of the following locations. Please call Central Scheduling if you are unsure where your appointment is located.

Brunswick Campus, Parkwood Entrance
2415 Parkwood Drive, Brunswick GA 31523
Please park on the Parkwood entrance side of the hospital. Take the elevator up to the 2nd floor of the Brunswick Building and check in at the Guest Services desk.

Brunswick Campus, MRI and Imaging
1111 Glynco Parkway, Suite 1
Brunswick GA 31523
We are located in the Summit Professional Plaza off of I-95 exit 38. Our office is in Building 1, Suite 1 on the first floor.

Brunswick Campus, OCC Entrance
2500 Starling Street, Brunswick GA 31523
Please park on the new Outpatient Care Center side of the hospital. As you come through the revolving door, please check in at the receptionist desk on the left.

Camden Campus, Main Entrance
2000 Dan Proctor Drive, St Marys, GA 31558
Come to the main hospital entrance. Upon arrival please turn right at the guest services desk and check in at the admissions department.

PATIENT INSTRUCTIONS

Exam Preparation:

The day prior to procedure:

1. Drink clear liquids throughout the day.
2. At 10:00 am, drink one bottle of physician prescribed Citrate of Magnesia and 8 ounces of water. To improve its taste, mix the Citrate with clear soda, such as Sprite.
3. Have a clear liquid lunch; clear soup or broth, plain jello and 8 ounces of fluid (Clear juice with no pulp, soda, tea or black coffee. No milk or cream.)



4. Drink 8 ounces of water every hour from noon until 9:00 pm.
5. At 5:00 pm have a clear liquid supper (as described above). Drink a second bottle of Citrate of Magnesia. To improve its taste, mix with clear soda, such as Sprite.
6. You may have additional clear liquids after 9:00 pm, unless you are also scheduled for an Intravenous Pyelogram (IVP).

The day of the procedure:

1. At 7:00 a.m. administer a (OTC) Fleets enema according to the directions on the package.
2. Drink clear liquids only until the procedure is performed.
3. After the exam is completed, drink 8 ounces of liquid each hour for 4 hours.

**WE WILL PLACE A REMINDER CALL PRIOR TO YOUR SCHEDULED APPOINTMENT.
If you have any questions, please call the Central Scheduling Department
Toll Free 1-855-466-1111 (if local, Brunswick 912-466-1240 or Camden 912-576-6190)**