



CENTRAL SCHEDULING PROCESS

The Southeast Georgia Health System Central Scheduling department will contact you to schedule and pre-register you for your appointment. If you need to confirm, cancel or change this appointment date and time, please call the Central Scheduling Department toll free 1-855-466-1111. If you choose to pre-register on-line, go to www.sghs.org. On-line registration must be completed at least 48 hours before a scheduled appointment.

EXAM ORDERED: **Cardiac Stress Test - Treadmill**

LOCATION:

Your exam can be at one of the following locations. Please call Central Scheduling if you are unsure where your appointment is located.

Brunswick Campus, Parkwood Entrance
2415 Parkwood Drive, Brunswick GA 31523
Please park on the Parkwood entrance side of the hospital. Take the elevator up to the 2nd floor of the Brunswick Building and check in at the Guest Services desk.

Brunswick Campus, MRI and Imaging
1111 Glynco Parkway, Suite 1
Brunswick GA 31523
We are located in the Summit Professional Plaza off of I-95 exit 38. Our office is in Building 1, Suite 1 on the first floor.

Brunswick Campus, OCC Entrance
2500 Starling Street, Brunswick GA 31523
Please park on the new Outpatient Care Center side of the hospital. As you come through the revolving door, please check in at the receptionist desk on the left.

Camden Campus, Main Entrance
2000 Dan Proctor Drive, St Marys, GA 31558
Come to the main hospital entrance. Upon arrival please turn right at the guest services desk and check in at the admissions department.

PATIENT INSTRUCTIONS

Exam Preparation:

Patient should not have anything to eat or drink after midnight. Patient should not have caffeine for 24 hours prior to having test. Patient can take medications, such as blood pressure medicines, as prescribed by their physician, on the morning of the exam. The patient needs to wear comfortable clothes and shoes for walking on treadmill during the exam. An IV will be started in the patient. The patient will receive a radioactive tracer injection in the IV, and be scanned 30-60 minutes after the injection. The patient will then be taken to the cardiology department where the stress test will be performed. The patient will receive another radioactive tracer injection while walking on the treadmill. They will be imaged again approximately 30 minutes after the stress test. Patients should plan on 2-3 hours for the entire test.

If you have any questions, please call the Central Scheduling Department
Toll Free 1-855-466-1111 (if local, Brunswick 912-466-1240 or Camden 912-576-6190)