



EXCELLENCE *in* HEALTH CARE

Dixie Alford of Brunswick

A COMFORTABLE PLACE FOR MOTHER

As Matilda Alford's dementia progressed, her daughter, Dixie Alford, had some important decisions to make. At first, she thought she could care for her at home, but soon realized her mother needed professional care. "I did the best I could, but it was overwhelming," Dixie said.

Dixie placed her mother in a local nursing home, but later moved her to the Senior Care Center-Brunswick's Memory Care Center. "The Senior Care Center staff is wonderful," Dixie said. "They are caring people who are great at what they do. It isn't easy to take care of Alzheimer's or dementia patients, but they understand my mother, and when she acts out or is forgetful, they handle it with professionalism and compassion."

Dixie, a Health System Volunteer Auxiliary member for nine years, also appreciates the Senior Care Center's convenient location and new renovations. She visits her mother almost daily and gives high praise for the Center's cleanliness, resident activities, menu planning and security.

"This is a really nice place," she said. "I tell my friends that if I ever require long-term care, this is where I want to be."



**SOUTHEAST GEORGIA
HEALTH SYSTEM**