

# **Southeast Georgia Health System**

## Cancer Care Centers

### Social Work Services



Heather Lambert, LMSW

Heather Lambert, LMSW, oncology social worker, joined the Southeast Georgia Health System Cancer Care Centers team in 2015 after relocating to the Golden Isles from North Georgia. She received her Bachelors of Science in Psychology from Franklin College of Arts and Sciences at the University of Georgia where she also completed her Masters in Social Work. As part of her Masters program, Heather completed a year-long internship at the University Cancer and Blood Center in Athens, Ga., providing counseling, case management and other supportive services to cancer patients and their caretakers.

Prior to joining the Health System team, Heather served as a community based counselor for children, adolescents and families in North Georgia. With over five years of counseling experience, Heather is equipped to assist patients in managing their emotional, practical and social needs as they navigate the cancer journey.



**SOUTHEAST GEORGIA**  
**HEALTH SYSTEM**

CANCER CARE CENTERS

912-466-5142 • [sghs.org/cancer](http://sghs.org/cancer)

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#### What is an oncology social worker?

Coping with cancer can be a difficult experience. The illness and treatment may negatively affect family life, ability to work, and financial security. Licensed oncology social workers understand these concerns and help guide patients, families, and caregivers through each step of the cancer journey.

Social work services are available at the Cancer Care Centers by appointment or by phone:

**Hours: Monday–Friday, 8 a.m.–5 p.m.**

**Phone: 912-466-5142**

#### How can our social worker assist you?

An advocate for patients and their families, our oncology social worker helps reduce barriers during cancer treatment:

- Coping with practical concerns related to diagnosis and treatment plans
- Identifying resources and assistance programs to alleviate transportation or housing concerns
- Providing emotional support and ways to talk with friends and family about cancer
- Planning for the future



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